



ST. PAUL'S MCKINNON JFC

FROM THE PRESIDENT

April 29 2021

Hi everyone,

We are definitely back in action now!

What a great weekend of footy. Our ANZAC day was filled with moments of silence with the Last Post being played and our thoughts going out to those that have served our country.

There was also some amazing footy being played and nail-biting games to close out Round 2 on Sunday.

AUSKICK

We started off with Auskick on Saturday morning with the U11 Boys and U10 Girls helping out across the 90 Auskickers. What a great sight to see with the boys and girls really giving coaching a go with the Auskickers. This is our first week of a 14-week program where each team will help the Auskickers out - look out for your week to help groom the next Max Gawn or Ryan Byrnes - Yes they started at Auskick at St Paul's. With Rusty (aka Leanne) and Emma, taking on the Administration and Paul Holland leading the charge with some of the coaching drills, the team was in great hands.

SENIORS

Our Senior boys were up for a challenge in Round 3 this week, playing Port Melbourne Colts at Home. Both the Reserves and Seniors teams fought hard, but unfortunately they were unable to get on top of the charge of the Colts in the first quarter. Both teams face Mordialloc at Ben Kavanagh Reserve this Saturday with the Reserves kicking off at midday and the Seniors team at 2.00pm. Get on down and support the boys.

JUNIORS

Excitement! We had the CANTEEN OPEN at McKinnon Again! YEAH! A very special thank you to Sammy Robertson and his mum, Pam, in helping out getting the canteen running. It was a great vibe having the bacon and egg rolls, the dimmies and now jam donuts. The club cannot thank you both enough!

We started off with a few great games with our juniors (u8, U10 and U12 girls) all kicking off around 9.00am. Rounding this out at 10am was the game of the day with the U18 Youth Girls playing at McKinnon and coming back from behind - only to lose by one point in the dying minutes of the game!

We saw the older age groups play some amazing footy at Home with our U17, U15 and U14s closing out the day, whilst our U14 combined girls team (Bentleigh / St. Paul's) fought hard to take out another win and have a great time with their new mates.

Unfortunately, this weekend we had a couple of incidents with rough tackles and concussion. We have a strong policy in regard to concussion management. If you would like a copy, please see your Team Manager - or please go to the www.stpaulsjfc.com.au or to TeamApp to download a copy.

HELPERS

It's great to have a few more helpers put up their hand. Jeremy Robertson has volunteered for the administration role. I and the club are grateful for its volunteers. You are all amazing! Donna Campbell is also helping out with the collation of the Newsletter. She is fantastic to pull this together and make sure that we are all informed each week. Please make sure to say hello and thanks to our many volunteers that help make us keep getting out there on the field. The club is as good as its volunteers, and we have some amazing people who look out for our club and community. We cannot rely on a simple few, so please put your hand up to help out.

All home teams are required to have 2-3 helpers, one hour before your game to support the canteen, be on BBQ, help set up and sell.

We are still looking for:

Purchasing Officer - Canteen - just buying the food for the canteen

Milestone Co-ordinator - banner manager - organising comms to the team managers to ensure that no boy/girl misses their milestone and running through the banner!

Ground Manager / or Ground Managers - to set up and close each week - this can be done by many - or alternatively it will be circulated

Social Co-ordinators - to sort out Doggie of the Month - we need three people on this please

Parent Social Night volunteers - best for a team to be involved for a parents' night as all the parents are the greatest volunteers getting our kids to the ovals!

We have all our merchandise going live on our teamapp site: <https://stpaulsmckinnonjfc.teamapp.com/dashboard?detail=v1>

Get on there to make your purchases. As TeamApp is our official team communication channel, please be sure to register.

SPONSORS

We are very lucky to have the Bentleigh RSL and Wills Batch provide game day vouchers again this year. If you have anyone interested in providing game day vouchers for our teams (hot chocolate/coffee/bagel/breadtop/hamburgers/souvlaki/yoga sessions/sports massage etc) please let myself or Jeremy know.

We are also in need of sponsors to sponsor a team. Marketing and branding rights available. All funds go to the teams' end of year function. Please let myself know if you are interested in sponsoring a team.

The cost is \$500.00 with some of the proceeds going toward the team and bragging rights for all team promotional activities, scoreboard promotions during games and newsletter sponsorship.

Look out for next weeks games on our TeamApp site. There are six teams at home this weekend, including Dave's U12 at 8.30am, followed by the U9 on Oval 2, Shane's U12s, U11, U15 and U16 girls at 3.00pm

Be sure to get down to McKinnon Reserve and support your club - and get a warm jam donut, or our famous coffee & "Rocket's bacon and egg rolls".

Regards,

Paul Smith
President
president@stpaulsjfc.com.au
St Paul's McKinnon JFC
Inc No: A0043939Z
Phone: 0408 576 250

It's all about the kids!



SOUTH METRO JUNIOR FOOTBALL LEAGUE (SMJFL)

AFL COMMUNITY CONCUSSION GUIDELINES

Effective March 2021

Purpose:

The SMJFL is committed to the health and safety of all participants who play/participate in Australian Rules football. The AFL Doctors association has produced guidelines for community football. These guidelines will continue to evolve as new evidence is made available to ensure best practice.

The Issue:

The game of Australian Football is a contact sport that involves high flying marks, extraordinary skills, and exhilarating tackles. The rules of Australian Football have always had a focus on protecting the safety of players, with the most important body part being a player's head. The 'high contact' rule aims to minimise the frequency in which players receive contact to their head that may lead to brain injuries.

Concussion is a brain injury that occurs from impact to a player's head, either through collision with another player (which includes whiplash from body contact) or with the ground. Whilst the skull is in place to protect the brain, in a high impact collision, the brain can move back and forward within the skull causing temporary dysfunction.

Concussion is not always an immediate injury, and sometimes the symptoms may not present themselves until hours after the initial impact. Some concussion symptoms may include:

- Difficulty staying awake.
- Headaches or migraines
- Forgetfulness or memory problems
- Vomiting
- General unwell feeling or feeling a bit 'off'.
- Dizziness
- Confusion, slurred speech, or unusual behaviour
- Blurred or double vision

The appropriate management of concussion is essential in ensuring the brain has enough time to heal and recover. Therefore, anyone who experiences concussion type symptoms are encouraged to seek medical advice from their Doctor on how best to manage the injury. If any deterioration is observed, transport to an accident or emergency department should occur as soon as possible.

It is crucial that anyone with a diagnosed concussion does not immediately return to play.

As a temporary brain dysfunction, concussion will resolve with time. This may vary from an hour or so to several days. Occasionally the brain will recover even more slowly. The best

treatment is rest from physical activity and work/study. The player should be seen by a doctor who will monitor the symptoms, signs and brain functioning.

The doctor must clear the player to return to sporting activity and this will usually involve a stepped approach with a gradual increase in activities over a few days. The doctor may arrange a specialist opinion (if the concussion is slow to resolve) or cognitive testing (brain functioning). If at any stage the symptoms or signs are getting worse seek urgent medical attention.

The Guidelines (Refer also to Community Concussion Guidelines below)

The guidelines are for trainers, first-aid providers, coaches, umpires, club officials and parents and should be understood and followed by all parties for the benefit and welfare of the players.

Head impacts can be associated with serious and potentially fatal brain injuries. In the early stages of injury, it is often not clear whether you are dealing with a concussion or there is a more severe underlying structural head injury. For this reason, the most important steps in initial management include:

1. Recognising a suspected concussion.
2. Removing the player from the game; and
3. Referring the player to a medical doctor for assessment.

Any player who has suffered a concussion or is suspected of having a concussion must be medically assessed as soon as possible after the injury and **must NOT** be allowed to return to play in the same game/practice session. There should be an accredited first aider at every game and the basic rules of first aid should be used when dealing with any player who is unconscious or injured.

It is recommended that all trainers have the Head Check Concussion Management App downloaded on their phone <https://www.headcheck.com.au/>

Return to Training and Playing Guidelines for players following a Concussion:

1. Player must have a minimum 12-day mandatory break from playing matches.
2. Player must obtain a written medical clearance from a Medical Practitioner (i.e. General Practitioner, Sports Doctor, Neurologist) to return to training and playing. The medical clearance must state that the player has been cleared from a concussion injury.
3. Player must only recommence 'usual contact' training when symptom free and physically able to complete full training sessions.

4. Recommend that any player with symptoms persisting for more than 5 days (post the concussion) seek specialist opinion prior to resuming training and playing matches.

Additional Resources:

Head Check Concussion Management: <https://www.headcheck.com.au/>

Concussion Management Guidelines:

http://www.aflcommunityclub.com.au/fileadmin/user_upload/Health_Fitness/2017_Community_Concussion_Guidelines.pdf

Concussion Management: <http://www.aflcommunityclub.com.au/index.php?id=66>

Parents and Supporters

- Remember that you are at footy for the participants to enjoy the game.
- Encourage participation, but don't force it.
- Teach that participation and enjoyment is always more important than winning.
- Never ridicule mistakes or losses – supporters are there to support not downgrade.
- Lead by example and respect all players, coaches, umpires and spectators – physical or verbal abuse is never ok.
- Recognise all volunteers who are giving up their valuable time. Better still, thank them at the end of the game.
- Never publicly criticise umpires – raise personal concerns with club officials in private.
- Do not use ugly remarks based on race, religion, cultural background, gender, sexuality, appearance, disability or football ability – this is never ok and many such comments are now illegal.

FAQ - SOME SMJFL BY-LAWS REMINDERS

- * ALL Team Officials over the age of 18 must hold a valid Working with Children Check.
- * The consumption of alcohol by any person in any form at a ground (including surrounding areas) or building during SMJFL scheduled matches is strictly prohibited. The consumption of alcohol during training sessions is strongly discouraged.
- * Under the Tobacco Act 1987 (the Act), smoking is now banned in areas commonly used by children and young people for recreational and sporting activities including at or within 10m of a sporting venue that is an outdoor public place during an organised underage sporting event, including training or practice sessions and during breaks or intervals in play. Further information can be found on the SMJFL website. Offending Clubs are liable to a fine.
- * The singing of club songs shall only take place in the clubrooms (or away from the opposition team if no clubrooms are provided) and **MUST NOT OCCUR ON THE GROUND.**
- * In addition to players participating in the match, the following Team Officials **ONLY** are permitted in the Team Bench area during a football match: • Coach, Assistant Coach, Coach Development Program Coach (if applicable), Trainer and Runner. **NO OTHER PERSON IS PERMITTED IN THE TEAM BENCH AREA DURING THE MATCH.**
- * Team Officials and players in the designated Team Bench area must not be within 1m of the boundary line at any time other than during the quarter time, half time and three quarter time breaks.
- * Players are not permitted to wear gloves unless prior written approval has been given by the Chief Executive Officer of the SMJFL. Such approval is at the absolute discretion of the Chief Executive Officer and may only be given where a medical certificate has been provided.
- * Appropriate helmets, mouthguards and shin guards may be worn.
- * Players may wear sports specific prescription glasses that have been designed for use in contact sports eg. shatter proof.
- * No apparel other than the required uniform (as listed in By-Law 9) is permitted to be worn on field during the match (e.g. watches, jewellery, bandanas etc...)
- * Subject to any health directive issued by the SMJFL, players are encouraged to shake hands with the opposition team and offer three cheers to the umpires at the end of the match.
- * At the conclusion of all matches other than the final match of the day at a particular venue, all players, officials and supporters must exit the ground without undue delay, to enable the teams participating in the next match to access the ground.
- * No person other than an Umpire Escort or Team Manager is to approach the Field and Boundary Umpires (including Umpire Department staff) at any time. The Umpire Escort or Team Manager may only do so for matters not relating to the manner in which the game is being officiated.
- * Goal Umpires shall be responsible for ensuring that the area between and behind the goals is kept clear of spectators and obstacles and must not enter the field or dispute decisions of the Field Umpires at any time.

**FOR MORE INFORMATION OR TO READ THE FULL SMJFL BY-LAWS,
PLEASE GO TO: <https://smjfl.com.au/by-laws-policies-templates/>**

ROUND 3 FIXTURE

TEAM	TIME	VENUE	VS.
U 8 MIXED YELLOW	10.40AM	HURLINGHAM PARK	BRIGHTON VAMPIRES
U 9 MIXED YELLOW	9.00AM	HOME	CAULFIELD BEARS
U10 GIRLS RUBY	8.30AM	HURLINGHAM PARK	BRIGHTON VAMPIRES
U10 MIXED YELLOW	10.15AM	CENTENARY PARK	ST PETERS
U11 MIXED YELLOW	10.15AM	HOME	BRIGHTON VAMPIRES
U12 GIRLS LIME	11.45AM	WA SCAMMELL RESERVE	OAKLEIGH
U12 MAROON (DAVE)	8.30AM	HOME	ST BEDES
U12 RED (SHANE)	10.00AM	HOME	ORMOND
U13 DIV 2 (PETE)	10.30AM	EAST CAULFIELD RESERVE	CAULFIELD BEARS
U13 DIV 6 (JOCKA)	11.30AM	HIGHETT RESERVE	BENTLEIGH/HIGHETT
U14 DIV 2	2.45PM	KOORNANG PARK	CAULFIELD BEARS
U14 GIRLS EMERALD	BYE		
U15 DIV 4	1.00PM	HOME	AJAX
U16 GIRLS RED	3.00PM	HOME	BRIGHTON VAMPIRES
U16 DIV 1	11.30AM	HIGHETT RESERVE	ST BEDES
U16 DIV 4	11.30AM	LE PAGE PARK	CHELTENHAM
U17 DIV 1	12.30PM	CENTENARY PARK	BEAUMARIS SHARKS
U18 GIRLS AQUA	11.30AM	HURLINGHAM PARK	BRIGHTON VAMPIRES

Club News



EVENT

DATE

Team photos

May 4th, 5th and 6th

Doggie of the Month - 1 - PASTA NIGHT

May 16th

Doggie of the Month - 2 - POT LUCK

June 20th

Doggie of the Month - 3 - SIGNATURE DISH

August 1st



Did you know Cabrine Emergency offers 50% off Emergency Department fees for SMJFL players? This does NOT include any further out-of-pocket expenses such as x-rays and blood tests.

The South Metro Junior Football League is pleased to confirm Cabrine Emergency will return to support the league for the 2021 season.

Cabrine will continue to subsidise 50 per cent of Emergency Admission fees for the league's 11,361 players throughout the 2021 season.

The partnership will provide players with reliable and sound medical care if injured during a match or training.

SMJFL Chief Executive Officer Sarah Loh said, 'We're proud to have Cabrine Emergency on board as an Official Partner, supporting the league's mission to provide a safe, supportive and inclusive environment for all its members. Coming out of COVID, we can anticipate the impact that the pandemic and reduced physical activity during this period will have on our athletes. There's never been a more important time to ensure the health and safety of our community, and I'd like to thank Cabrine Emergency for playing a key part in this objective.'





ST. PAUL'S MCKINNON JFC

**ST. PAUL'S MCKINNON
DOGGIES
desperately
ARE LOOKING FOR
PLAYERS!**

WE ARE STILL SEEKING PLAYERS FOR THESE TEAMS:



- ★ U8s MIXED ★
- ★ U10s MIXED ★
- ★ U11s MIXED ★
- ★ U10 GIRLS ★
- ★ U12 GIRLS ★



**PLEASE SPREAD
THE WORD!**



**FOR MORE INFORMATION, PLEASE CALL
PAUL SMITH: 0408 576 250
www.stpaulsjfc.com.au**

MERCHANDISE

Our merchandise is now ONLINE!

Club merchandise can be purchased on the Team App site: https://stpaulsmckinnon-jfc.teamapp.com/dashboard?_detail=v1

All orders will need to be placed by Thursday 5pm for pick up from the Canteen on Sunday morning.

Price List for Club Branded Apparel:

Shorts

6, 8, 10, 12, 14, 16, S, M, L, XL, 2XL \$32.50

Hoodies

Sizes 6 - 16 \$50
Adult Hoodies XS-3XL \$50

Royal Blue Socks

Kids (9-2) \$15
Youth (2-8) \$15
Mens (8-11) \$15
King (11-14) \$15

Training Top

(first one free) \$25

Club Jacket

Sizes: Kids 10-16 & Adults XS - 3XL \$60

Beanies

\$15

Towels

\$15

Club Bags

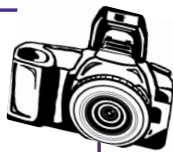
\$40

Club Golf Umbrellas

\$25



PRIVACY REMINDER!



From time to time random photos are published in the newsletter and on our Facebook & Instagram pages. As in previous years, if you do NOT want your or your child's photo/s published, you MUST inform the Newsletter/Social Media Coordinators at:
d_campbell30@yahoo.com.au
and
tam.somers@gmail.com

Thank you!

PLEASE JOIN OUR SOCIAL MEDIA PAGES!



Find us on Instagram...

[stpaulsmckinnon](https://www.instagram.com/stpaulsmckinnon)



Auskick News!



Congrats to all prize winners this week, great effort from all the kids!

This Saturday is supposed to be sunny and warm so we look forward to a cracking morning of footy.

Please register at the desk and write a name tag for your child before every session.

Sausages are available after Auskick for \$2 each, and raffle tickets will be available every week to win a meat tray. 1 for \$2 or 3 for \$5. Please remember to bring cash if you would like to join in.

Mothers Day coming up for our session on Sat 8 May - stay tuned for what's happening.

Please see Emma or Rusty if can volunteer to cook the sausages this weekend - this would be much appreciated please!

Huge thank you to our Under 11 kids who helped coach the kids this week

See you all on Saturday!

Rusty and Emma

(Please remember, Auskick still runs in rainy weather and is only cancelled in the event of severe weather, such as a thunderstorm).

Auskick enquires: spmjfcuskick@gmail.com





UNDER 8 YELLOW

St Pauls McKinnon vs East Malvern

After a great first hit out last week at home, we found ourselves away this week, facing East Malvern on their home ground. During the week we had a great training session in horrible conditions on Tuesday night. The kids really are giving their all and it's great to see. It was a great start to the morning as the Under 8s stood in silence showing great respect for our ANZACs during our one minute of respect. Well done team! Ben was our captain for today and won the rock/paper/scissors! From the first bounce, our team was up and about. The midfield got on top working really hard and saw Mitch take a great mark and kick a goal early on. Lucca then got to capitalize on our hard work, kicking a great goal soon after. Both Mitch and Lucca worked hard all day and had great games. Hudson and Ben had some great contests with both boys taking some strong marks and sharing the ball with their teammates. They got the ball moving forward and pushed us into attack and Archer rammed home another goal late in the 2nd quarter. Zayn put in hard work all day with some really strong work in the packs. Sammy and Mac got in and locked the ball into the forward line with some tough efforts. Zara and Rose have been finding their feet and it was great to see them competing. Tilly and Reid had a great day today and both had huge efforts on the wing, outnumbered they put their heads down, outworking their opponents and won the ball for their team! Brilliant stuff. Marcus and Archer who play for the 8s and 9s had huge days and both boys had ripping games. There were no goals in the second half from St. Paul's, but everyone worked hard, helped their mates and looked after each other. They showed an ANZAC spirit. In the end it was a really close contest with Beau jumping on a loose ball and shooting out a great handpass that nearly got a goal just before the final siren. Under a kick in it in the end which shows how far this team has come. Very proud of the team and so happy to see the smiles on the faces. On to next week and Go Doggies. Coach Rob.



UNDER 9 YELLOW

St. Paul's McKinnon vs St. Peter's

The Under 9s ventured down to Brady Rd to take on St. Peters in our second game together for the kids. The game started brilliantly for the kids, with Shiv kicking our first goal in the first five minutes of the game. St. Peters, to their credit, found their groove and made transitioning the ball from defense to attack tricky for the Doggies, with a few taller kids around the ground. The improvement in the kids' understanding of the game and field positioning is evident to see quarter by quarter, and it was brilliant to see all the kids getting involved in the play. William, Jack, Thomas and Jaiaan all played really well and had a heap of the ball. Still plenty of learning to do for the U9s, however it's just brilliant to see them out having fun and having a kick. Mick



UNDER 10 GIRLS RUBY

St. Paul's McKinnon vs Murrumbeena

Tough day today. Murrumbeena started strong with four goals in the first term. We hit back in the 2nd term with two goals - one kicked by Hannah and the other from the opposition team member, who played for us. The 3rd quarter saw both teams scoreless, with lots of play in the middle third. The final quarter saw Murrumbeena kick further away. Our girls tried really hard today, but faced a very good team. Best for us was Ellie, Hannah and Keira. Thanks to Hudson Grima for playing with us today as we only had eight players.

Coaches Joe & Adam



UNDER 10 YELLOW

St. Paul's McKinnon vs Highett

Round 2 saw us up against Highett for a Sunday afternoon Anzac Day clash. Once again, thanks to our U9s for stepping up to play their 2nd game. It was great seeing Jaiaan take several marks, Liam always putting his body on the line and Jack was able to rebound often playing a kick behind the play. It was great to see these boys working with the U10s, but in particular listening and carry out the coaches' instructions. It was great to welcome Namish to our side as he made his debut for St. Paul's McKinnon. We had a great start to the match with Layth kicking a couple of early goals. Archie was able to kick a goal in the 2nd quarter, with great team work from Carter and Flynn to create many opportunities. George and Lucas were much improved in their 2nd game. Daniel used his speed and long kicking to move the ball forward, Xavier and Ricky were unlucky not to score more often but laid many tackles to keep the ball in our forward line. I asked for a big effort from our defenders in the last quarter, and they all played awesome to deny the opposition any chance to score, in particular Max and Luke continually rebounding the ball back into our midfield. My highlight was when Sam took an overhead pack mark late in the game to deny Highett any chance of a final score. A really close and exciting game with contributions by all of our 16 boys that played. It was great to see the boys whisper the team song after the game.

Coach Chris





UNDER 11 YELLOW

St. Paul's McKinnon 2.3.15 vs Beaumaris 8.6.54

Goal Kickers: Archie 2

After last week's nailer biter, the boys came out firing, led by Aiden and Heath after observing a minute's silence for ANZAC day. Kicking to the scoring end in the first quarter we kicked the first major early on thanks to Archie. It was a physical contest, with Aiden and Zach putting their bodies on the line to be first to the ball. Harry Campbell showed us what a versatile player he is moving into the midfield this week. The first three quarters were very tight - we kept the pressure up and our back line defended well with plenty of drive from Charlie and Lachlan from half back. Unfortunately Beaumaris overran us in the final term, but the boys never gave up and were able to hold their heads high at the final siren having given it their all. Was great to welcome Darcy and Shaun into the team for their first game of the year, and a big thanks to Archie and Flynn for stepping up from U10 to help out with numbers. We now turn our attention to Round 3!

Coach Trent



UNDER 12 MAROON (DAVE)

St Pauls McKinnon JFC 15.22-112 vs Ajax 1.1-7

Goal Kickers: S. Borreau 4, A. Hill 3, E. MacLennan 2, T. Bitting 2, B. Fischer 1, M. Comito 1, N. Collard 1, D. McDade 1.

Prior to the game commencing, we spoke about the ANZAC spirit and the importance of today, and together with Ajax, we lined up for a minute's silence to pay our respects. After a great performance last week, we wanted to back it up today, and led by our Captains James and Oliver, we got off to a great start getting three quick goals and should have had more, but again we weren't getting the reward for our effort. An area we had concentrated on at training was our ruck work and centre clearances, and today Sean, whilst kicking four goals, played a dominant role in the ruck often giving first use of the ball to Ted, Ruben and Harish who ensured the ball was sent down to our forwards. Ted and Ruben ran hard all day, our forwards led by Braden, Max C and Tom continued to present, crash the packs bringing the ball to the ground which allowed our smaller forwards in Ash & Ewan to make the most of their opportunities. Like last week, our defenders led by Max A, Noah & Aidan remained solid, not giving the opposition forwards an inch. As the game progressed, we mixed it up by sending our defenders forward, forwards down back whilst rotating through the midfield which allowed us to continue to explore other options. Overall a fantastic team effort today - Dave



UNDER 12 RED (SHANE)

St Pauls Mckinnon 5.4.34 def by Ormond Blues 9.4.58

Goals: Leroy 2, Darcy 2, Kingsley 1

Improvement from Round 1 to Round 2 was obvious, both on the scoreboard and in our play today. A nice early set shot goal by Leroy after a strong mark got us off to a good start in what was an evenly matched 1st quarter. Our clearance work around the contest was excellent lead by Darcy, Adam and Thomas and once in the forward line our small forwards did a good job locking it in there. Goals to Leroy and Darcy in the 2nd helped us put our noses in front. Our work manning up on the turnover is something that we have been working on and something we will continue to do as it let us down at times. Some terrific positioning from Lachie allowed him to rebound well and Tom Winzar was playing a terrific captain's game off half back. After half time the game was right there for us to win, the contest was tight going goal for goal. Strong contest work from Markus, Lewis and Antho in the backline was super and Archie was taking some strong marks whilst Arav and Tim competed strongly in the ruck. Kingsley started to get his hands on the ball and slotted a terrific roving goal and the feeling amongst the team was good. Two points down at 3qtr time we were confident but it was a lack of fitness that saw us allow Ormond to push forward time and time again and eventually kick a few consecutive goals. On what was a very special day for all Australian's our team understood the importance and played accordingly which I am very proud of. Our 1st win is right around the corner.
Coach Shane

UNDER 12 RED (SHANE)



UNDER 12 GIRLS LIME

St. Paul's McKinnon 0.0.0 v East Malvern JFC 11.12.78

The U12 Girls were pumped to be at home on Anzac Day. We also welcomed two new team members, Amelia Commerford and Ella Logan (joining us from U10's). The day started with Anzac Day commemorations, as we stood side by side with East Malvern JFC observing one minute silence. The game began and it soon became apparent that our team of ten girls were overwhelmed by a stronger team. The girls dug deep and showed their true Anzac Day spirit. By half time we were eight goals down, with the girls needing a break from all that running. Together, we made some changes and started the 3rd quarter. I was so proud to see the girls chase and tackle. The girls didn't give up and they need to hold their heads high as we only conceded three more goals for the remaining half. Ella, Amelia, Cully and Madeline all had great games today, but to be honest, all the girls gave their best today. A special mention to Zalia and Sienna who both sustained injuries and after a short rest, they were back on the ground helping their team mates. Thanks again to all the parents for volunteering their time today. Another tough day at the office, but we are making inroads as we build our team. Well done girls. Coach Pete

UNDER 13 DIV 2 (PETE)

St. Paul's McKinnon 0.2.2 vs St Peters 10.15.75

We never dropped our head and in true Doggies spirit we made the football our number one objective and fought to the last siren. Great team effort! I am super proud of how we kept going. Brady was relentless attacking the football. Patty and Harry tried hard all day, while Archie and Jai worked tirelessly up and down the ground.

Another grading game this week.

Coach Pete

UNDER 13 DIV 5 (JOCKA)

St. Paul's McKinnon 0.0.0 vs East Malvern 5.20.50

Best Players: Mason, Riley, Tom J, Tom D'Z, Will and Christian

On Sunday, SPJFC U13 Div 2 went in very undermanned against a very slick East Malvern outfit. With only 16 players, and one of those being injured and could not run, being consigned full time to our goalsquare, we were always going to be in trouble against 18 fit players with 5 on the bench in the opposition (who had no intentions of sharing players for the game and the players' betterment)! However, STP U13s put on a "defensive show" tying the opposition up so that they could not get any plan working and every kick and handball came at great physical exertion. As a result the game was played on our terms. We had taken the initiative for the vast majority of the time and they were left flabbergasted at what to do against such hard defensive work and 'see ball, get ball' at all costs attitude on display. We received many 50m penalties due the opposition lashing out due to our tight teamwork holding the ball into the packs where we excelled. At the half way mark of the last quarter we were still only four straight kicks behind after a huge display. Unfortunately we finally ran out of legs and they got four straight kicks to get four goals in the last 8 minutes of the game. We left the field with our heads held high as the boys were phenomenal in their display of tenacity and determination shown by all. The boys are growing individually, as and as a team, with each grading game. A great effort by all the boys against the odds (a fairly apt result on such an auspicious day!). Coach Jocka

UNDER 14 GIRLS EMERALD

Bentleigh/St. Paul's 7.2-44 vs Cheltenham 4.5-29

Goal Kickers; Charli Arvanitakis 2, Jaime Stefanidis, Liv Hurwitz, Amber Marinis, Ena Kennedy, Dominique Campbell

After winning by an impressive 139 points in Round 1, we found ourselves up against a team much closer to our own ability, and despite Cheltenham bringing up a massive challenge to us, we prevailed by 15 points, 7.2 - 44 v 4.5 - 29. We have our three goal third quarter to thank for the victory, with our girls working hard to get the ball moving cleanly forward, seeing our midfielders crack in hard to win it against swarms of Cheltenham players. Our defense was strong throughout the game, with the instructions given at half time to play tight and in front, getting a great response across the board, and our forwards beginning to understand leading better we looked a much more experienced team than we are. Promising signs ahead. Declan

UNDER 14 DIV 2

St. Paul's McKinnon 14.5.89 vs East Sandi 3.6.24

Goals: Cody 3, Anri 3, Ryan 2, Sebastian 2, Hayden, Julian, Kristian, Darby

The boys turned up today at a game that they were really excited to play. Coming out in the first quarter, the boys started with Pagan's Paddock and maximised with a seven goal lead. The boys were excited and moved the ball well from the midfield and maximised every opportunity to maintain a green light to the goal square. With the boys heading into the half time march, our Doggies led with their heads and their hearts. The ball was definitely won from our back line and our wings today. With Harry, Hammer, Jayden and Seb playing strong footy across the ground, it gave every opportunity for Cody, Ryan, Julian, Hayden, Darby, Kristian and Seb to maximise goal scoring. The boys took to the last quarter with a comfortable nine goal lead and finished off up eleven for the day. Great work boys. Round 3 against Caulfield Bears this week at 2.45pm. It will be a great challenge and no doubt an exciting game. Let's keep the momentum going and be sure to be game focused from the first quarter.

Coach Paul

UNDER 15 DIV 4

St. Paul's McKinnon 4.5-29 vs Prahran 15.5-95

Goals Kickers: S. Scherer, H. Mckenzie, F. Pacak, L. Hiscock

The U15 boys took on Prahran at Home on a beautiful autumn morning. With the welcome inclusion of Callum and Anson we had the luxury of starting with 18 on the field and even a rotation! Once again we won the first clearance but unfortunately had our entry chopped off and it went at lightning pace to Prahran's forwards who kicked truly. This was the theme for the rest of the quarter, and with some amazingly straight kicking, Prahran registered seven straight majors, whilst we could only manage three behinds. After a well earned drink and a reset at quarter time, the boys came out with a renewed vigour that showed that when we try our best we can match it with anyone. The next three quarters were a relatively even contest. Great goals were kicked by Hamish, Lucas, Sam S and Filip. Great performances by Thomas, Sam T and Ollie.

Hugo

UNDER 17 DIV 1

Central Saints 6.9.45 vs Mordialloc Braeside 12.8.80

Goal Kickers: Waldren 2, Rousakis 2, Scollo 1, Green

Best Players: Fountain, Scherer, Green

After a bye in Round 1 there was much anticipation for the first game of the newly formed Central Saints with a combination of boys from St. Paul's and St. Peters. Mordi Brae came into this game after a big win last week and with the reputation as perhaps the benchmark of the competition. Our boys got out of the block quickly with a strong first quarter and it was "game on". Scores were level at half time and our boys looked good, with good ball movement from our midfielders into the forward line. As they say, the 3rd quarter is the "premiership quarter", and this proved to be true, as Mordi Brae kicked five goals as our boys scrambled to stop some very good delivery to their forwards and some strong marking from the Mordi forwards. We fought out well, but they were too strong in the end. Div 1 U17 football is meant to be hard, tough football, and that's what we got. Solid first up game to give our boys something to strive for when we meet this team again in the middle of the season.

Pat

UNDER 18 GIRLS DIV 2

St. Paul's McKinnon 3.7.25 vs Mordi Brae 3.8.26

Goals: Rosie 3

The girls were a little slow off the mark today. The girls from Mordi came out with a quick three goals for the first quarter. Despite the pressure placed on the girls, our youth girls fought back. With the return of Smitty & Jess L'Hullier for their first game this season, and with the introduction of Jasmine Betts & Olivia Benston, the girls were working through forming a cohesive run of play. Rosie worked tirelessly from the wing and the half forward to maximise each opportunity to score three goals. The game was taken to the wire as our girls continued to push forward into our forward line. It was a great effort to come back to a one pt margin in the dying minutes. A great job by all the girls, notably from Stolzy, Rosie, Lotte, May, Paris, Smitty, Clare, Charli, Jas Betts, Oriana & Jasmine Appleford. Let's head into Round 3 against the Vampires.

Coach Paul





ST. PAUL'S MCKINNON JFC CLUB SONG

Everywhere we go

Everywhere we go

People want to know

People want to know

Who we are

Who we are

Where we come from

Where we come from

So we tell them

So we tell them

St. Paul's Doggies

The Mighty Mighty Doggies, Yeah!

SMJFL Season Dates

* Below are the Season Dates for the 2021 SMJFL Season.

* These dates are subject to change pending updates to Government Regulations.

Season 2021						
Date	Day	U8 & U9	U10	U11-U13	U14+	Partner Round
18 April 2021	Sunday	Round 1	Round 1	Round 1	Round 1	Monash University Round
25 April 2021	Sunday	Round 2	Round 2	Round 2	Round 2	ANZAC Day
2 May 2021	Sunday	Round 3	Round 3	Round 3	Round 3	Monarch Community Umpire Round
9 May 2021	Sunday	Round 4	Round 4	Round 4	Round 4	Marketplace Fresh Round
16 May 2021	Sunday	Round 5	Round 5	Round 5	Round 5	Tackle Your Feelings Round
23 May 2021	Sunday	Round 6	Round 6	Round 6	Round 6	Storage King Round
30 May 2021	Sunday	Round 7	Round 7	Round 7	Round 7	OpenCorp Round
6 June 2021	Sunday	Round 8	Round 8	Round 8	Round 8	Love the Game Round - VRGF
13 June 2021	Sunday	No Games				
20 June 2021	Sunday	Round 9	Round 9	Round 9	Round 9	MyPhysio Round
27 June 2021	Sunday	No Games				
4 July 2021	Sunday	No Games				
11 July 2021	Sunday	Round 10	Round 10	Round 10	Round 10	Options Consulting Group Round
18 July 2021	Sunday	Round 11	Round 11	Round 11	Round 11	Towards Zero Round
25 July 2021	Sunday	Round 12	Round 12	Round 12	Round 12	Robert Connor Dawes Foundation Round
1 August 2021	Sunday	Round 13	Round 13	Round 13	Round 13	Cabrini Round
8 August 2021	Sunday	Round 14 / LC	Round 14	Round 14	Round 14	
15 August 2021	Sunday		Round 15 / LC	Round 15	Round 15	
22 August 2021	Sunday			Semi Finals	Semi Finals	
29 August 2021	Sunday			Grand Finals	Preliminary Finals	
5 September 2021	Sunday				Grand Finals	

ST. PAUL'S MCKINNON JFC

2021 COMMITTEE MEMBERS

COMMITTEE MEMBERS

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Position Vacant

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General Committee

David Garnham
Nicole Jacobs

NON - COMMITTEE POSITIONS

Canteen Manager

Sammy Robertson

Uniform Coordinator

Shana Comito
dscomito@gmail.com

Team Photos Coordinator

Megan MacSweeney

Purchasing Officer - Canteen

Position Vacant

Milestone Co-ordinator / Banner Manager

Position Vacant

Ground Manager

Position Vacant

Parent Social Night volunteers

Position Vacant

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